



**Pure Sex  
May 21 & 22, 2022**

### **What is a guardrail?**

A system designed to keep vehicles from straying into dangerous areas.

### **What is a spiritual guardrail?**

A standard or behavior that becomes a matter of conscience that serves as a guardrail for my life.

**Guardrails are designed to minimize damage.**

**How to protect my relationship with my significant other in one word:**

**Fidelity = Faithful, loyal, and devoted to one.**

**When I GUARD pure sex, it will:**

- **Greatly reduce poverty** (decrease over population and increase two-parent income homes).
- **Unclog our prison system** (20% of inmates have been victims of sexual assault, 67% of all violent criminals were involved in some type of sex crime).
- **Assure children are raised by both parents** (sex should be a response to love).
- **Reshape our healthcare system** (HIV and STI's could be wiped out in one generation).
- **Decrease the frequency of abuse and divorce rate** (if we were focused on meeting the needs of our mate, divorce would shrink rapidly).

### **1 Corinthians 6:18-20 (TPT)**

This is why you must keep running away from sexual immorality. For every other sin a person commits is external to the body, but immorality involves sinning against your own body. Have you forgotten that your body is now the sacred temple of the Spirit of Holiness, who lives in you? You don't belong to yourself any longer, for the gift of God, the Holy Spirit, lives inside your sanctuary. You were God's expensive purchase, paid for with tears of blood, so by all means, then, use your body to bring glory to God!

**Establishing PURE sex guardrails takes three steps:**

## **1 Run away from impure sexual cliffs.**

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### **Genesis 39:9,11-12 (NLT)**

"My master has withheld nothing from me except you, because you are his wife. How then could I do such a wicked thing and sin against God?" ... One day, however, no one else was around when he went in to do his work. She came and grabbed him by his cloak, demanding, "Come on, sleep with me!" Joseph tore himself away, but he left his cloak in her hand as he ran from the house.

**Here's your choice: you flee from or flirt with this pitfall.**

**Driving off a sexual cliff will bring:**

- **Memories which do not easily fade away.**
- **Guilt which fills my quiet time and thoughts.**
- **Emotional and physical damage impacting future intimacy.**

## **2 Remember my body is God's temple.**

### **1 Corinthians 6:19 (TPT)**

Have you forgotten that your body is now the sacred temple of the Spirit of Holiness, who lives in you? You don't belong to yourself any longer, for the gift of God, the Holy Spirit, lives inside your sanctuary.

**God's temple is:**

- **The home where God's Spirit lives.**
- **The greatest gift I have received from God.**
- **The property God owns.**
- **The purchase price paid by the sacrifice of God's Son.**

**You are a sacred image bearer of God.**

### **3** Reestablish or construct “pure sex” guardrails to bring God glory.

#### **1 Corinthians 6:20 (TPT)**

You were God’s expensive purchase, paid for with tears of blood, so by all means, then, use your body to bring glory to God!

#### **Good guardrails for single people:**

- Apply married people guardrails when interacting with them.
- Refuse to live together, have sleepovers, or roommates of the opposite sex.
- Commit one year to building and reinforcing good dating guardrails.

#### **Good guardrails for married people:**

- Married people shouldn’t travel alone with the opposite sex.
- Married people shouldn’t eat out alone with the opposite sex.
- Married people shouldn’t hang out with “cute people” to “help” them.
- Married people shouldn’t counsel alone with the opposite sex.
- Married people, if your heart is drifting toward someone, tell a godly friend.

#### **What was the “high price” God paid for us?**

#### **1 Corinthians 6:20 (NLT)**

...for God bought you with a high price.

#### **Ephesians 1:7 (TPT)**

Since we are now joined to Christ, we have been given the treasures of redemption by his blood—the total cancellation of our sins—all because of the cascading riches of his grace.



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